

# LUNCH



## SPECIALTIES

### PAPPARDELLE & MEATBALLS

PORK & VEAL BLEND, SPICY MARINARA..... 16.95

### CHICKEN MARSALA

POUNDED & SAUTÉED, PORTOBELLO MUSHROOMS, SHALLOTS,  
FETTUCCINE & MARSALA WINE..... 14.95

### PEASANT'S PASTA

GRILLED CHICKEN, FRESH SWEET PEAS, PROSCIUTTO,  
CAVATAPPI & BOURSIN ALFREDO..... 14.95

### THE MAC AND CHEESE

WHITE CHEDDAR, SMOKED GOUDA, BRIE, CAVATAPPI,  
HERB BREADCRUMBS..... 13.95

### PEPPER SEARED SALMON

SAUTÉED GARLIC SPINACH, LEMON DILL BUTTER..... 17.95

### BONELESS COUNTRY FRIED CHICKEN

GARLIC WHIPPED POTATOES, WHITE ROSEMARY GRAVY..... 16.95

### PRIMAVERA

WILD MUSHROOMS, ROASTED BELL PEPPERS, SWEET PEAS,  
PAPPARDELLE, BASIL CREAM SAUCE..... 17.95

### SIRLOIN HASH

SLICED TOP SIRLOIN, DICED POTATO, RED ONION, RED BELL PEPPER &  
PARMESAN PEPPERCORN SAUCE..... 18.95

## SOUPS

ROASTED BUTTERNUT SQUASH, TOMATO BASIL BISQUE,  
SOUP DU JOUR..... 4.95 / 6.95

## SALADS

### CHOPPED COBB

DICED GRILLED CHICKEN, ICEBERG LETTUCE, ROMA TOMATO, HARD BOILED  
EGG, AVOCADO, APPLEWOOD SMOKED BACON, BLUE CHEESE CRUMBLES,  
TOSSED WITH BLUE CHEESE DRESSING..... 16.95

### CAESAR

CRISP ROMAINE, HOUSE CHEWY CROUTONS, SHAVED PARMESAN & HOUSE  
CAESAR DRESSING WITH CHICKEN, SALMON OR SIRLOIN..... 12.95  
ADD CHICKEN 3.95, SALMON 4.95, CHICKEN 5.95

### FORAGER

CHOPPED GREENS, BIANCA FORMAGGIO, SAUTÉED BRUSSELS,  
SWEET POTATOES, ORZO, BACON & VANILLA CIDER VINAIGRETTE..... 14.95

### GRILLED SALMON

CHAR-GRILLED ATLANTIC SALMON OVER FRESH SPINACH, BELGIAN  
ENDIVE, RED ONION, BACON, TOMATO, CUCUMBER, COOKED EGG &  
SWEET ONION VINAIGRETTE..... 18.95

### TROPPO

MIXED GREENS, PEAR AVOCADO SALSA, TOASTED WALNUTS, BLUE CHEESE  
CRUMBLES & SUN DRIED TOMATO VINAIGRETTE..... 13.95

### SIRLOIN CHOP

CLASSIC ICEBERG, GRILLED SIRLOIN, ROASTED RED PEPPERS,  
RED ONION, ROMA TOMATO, BLUE CHEESE CRUMBLES &  
CHIPOTLE BACON VINAIGRETTE..... 18.95

### GRILLED BREAD

CRISP ROMAINE, MARINATED ARTICHOKE HEARTS, CHARRED RED  
ONION, BABY SPINACH, GRILLED SOURDOUGH, SHAVED PARMESAN,  
ROASTED GARLIC VINAIGRETTE..... 14.95

### SEARED AHI

SLICED AHI, ASIAN GREENS, JICAMA, FRESNO CHILI, CARROTS,  
GREEN ONION, CRISPY WONTON & NUOC CHAM VINAIGRETTE..... 19.95

## SANDWICHES

CHOICE OF PASTA SALAD OR GREEN APPLE SLAW. SUB FRIES - 2

### WHITEFISH

CRISPY, WILD-CAUGHT GREAT LAKES WHITEFISH FILET, SHREDDED LETTUCE,  
ROMA TOMATO, RED ONION & DILL TARTAR SAUCE ON BRIOCHE..... 13.95

### VEGETABLE GRILLED CHEESE

WILD MUSHROOMS, ROASTED RED PEPPERS, SMOKED GOUDA &  
WHITE CHEDDAR ON TOASTED SOURDOUGH..... 10.95

### GRILLED CHICKEN AVOCADO

ROSEMARY – MUSTARD CHICKEN BREAST, BACON,  
PEAR AVOCADO MOUSSE, ARUGULA & LEMON SPREAD ON BRIOCHE... 12.95

### CHICKEN PARMESAN

BREADED CHICKEN CUTLET, FRESH MOZZARELLA, SPINACH,  
ZESTY MARINARA, SERVED OPEN-FACED ON CIABATTA ROLL..... 13.95

### CAPITAL BURGER

PRIME SHORT RIB & SIRLOIN, WHITE CHEDDAR, BACON, SHREDDED LETTUCE,  
ROMA TOMATO & CHIPOTLE BBQ. SERVED WITH FRIES..... 14.95

### BLT

PANCETTA, FRESH ROMA TOMATO, CRISP ICEBERG LETTUCE, OREGANO &  
SUN DRIED TOMATO MAYONNAISE ON TOASTED SOURDOUGH..... 10.95

### CHICKEN SALAD

GRILLED CHICKEN BREAST, CELERY, ONION, WALNUTS & DRIED CRANBERRIES  
WITH ARUGULA, TOMATO & FRESH DILL ON SOURDOUGH..... 12.95

### TURKEY & GOUDA

OVEN ROASTED TURKEY BREAST, SMOKED GOUDA, SHREDDED LETTUCE,  
CUCUMBER, BACON & HONEY MUSTARD ON TOASTED SOURDOUGH... 12.95

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. A 20% service fee will be added to parties of 8 or more. It is operationally infeasible to separate checks for parties of 4 or more.